



Our Referral Process

Every week people ask “**How can I make a referral?**” If you know of an individual in need and would like to talk with someone about services or a possible placement you can contact the VBH region that is nearest to your county.

If you are unsure of which individual to contact you can use our website at ViaQuestBH.com – click on the service locator button and scroll to the Ohio map on that page. If you still aren’t sure call anyone listed below and we will be happy to help you.



Northern Ohio Questions or Referrals for individuals in Northern Ohio counties, contact: Tamara Calderwood, Director
 Phone: 330-963-2733
 Fax: 330-963-2750.
 Email: Tamara.Calderwood@ViaQuestInc.com

Central Ohio Questions or Referrals for individuals in Central Ohio counties, contact: Matt Mumma, Regional Director
 Phone: 614-339-0802
 Fax: 614-339-1802
 Email: Matt.Mumma@ViaQuestInc.com

Southern Ohio Questions or Referrals for individuals in Southern Ohio counties, contact:

Will Harris, Director
 Phone: 937-280-2000
 Fax: 937-280-2051
 Email: Will.Harris@ViaQuestInc.com

OR

Mitch Snyder, Regional Director
 Phone: 614-374-7903
 Email: Mitch.Snyder@ViaQuestInc.com

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Who We Serve

At ViaQuest Behavioral Health (VBH) we serve both male and female youth from ages 13 to 21. The services are provided in ODJFS licensed group homes in local communities. Using small settings we are able to customize the home environment based on the needs of the youth. We serve individuals with mental health issues, developmental disabilities, and/or offending behavior – both aggressive and sexual in nature.

We also serve adults in their own homes in the community. We serve a broad range of individuals, in-

cluding those who are dually diagnosed with mental health issues and developmental disabilities. We also serve individuals with offending behaviors – both aggressive and sexual in nature.

VBH is located in three regions of Ohio, the North Region office is located in Summit County, the Central Region office is located in Franklin County and the South Region office is located in Montgomery County.



Update Your Email Contacts

Effective immediately, the VBH email extension has changed from @ViaQuestBH.com to @ViaQuestInc.com – please be sure to update your email contacts and address books accordingly. Thank You!

VBH South Targets Mental Illness\ Developmental Disability Diagnosis

In September, 2009 ViaQuest Behavioral Health – South Region was asked to participate in a grant funded program through Butler County Board of Developmental Disabilities to focus on Dual Diagnosis treatment for people with co-occurring severe Mental Illnesses and Developmental Disabilities. Butler County Board of Developmental Disabilities was awarded a \$200,000 grant. The grant is to span a 36-month period and targeted to initially serve 70 individuals.

VBH South is charged with providing mental health care to people with co-occurring mental illnesses and developmental disabilities by implementing the START Model, an evidence-based practice planned respite program. The intent is to provide team linkage, develop behavior strategies, build social skills, integrate in community recreational activities, and provide

referral & linkage to needed supports. The goal is to keep people from needed long term residential services by enhancing the services they receive while living in their own home of with family members. VBH South will start providing services through the emergency respite home in Middletown, Ohio, and will also provide additional services such as in-home respite, and community outing respite (wrap-around services).

Increased training for VBH staff is also a key to the success of this program. Additional training will be provided monthly that is focused on mental health and dual diagnosis of individuals.

We are very excited to be involved in this partnership with Butler County Board of Developmental Disabilities.

VBH T.R.U.S.T Program is in Full Swing

- **Thinking**
- **Responsibility**
- **Understanding**
- **Safety**
- **Trust**

ViaQuest Behavioral Health's T.R.U.S.T. Program is a dynamic part of the therapeutic environment for homes that serve individuals with a history of victimizing others. Participants in both our Adult and Youth residential supports learn to integrate and develop their social understanding and coping skills from an external focus of boundary or control to an internal focus of personal control which is more independent and self directed.

The TRUST Program stands for: Thinking, Responsibility, Understanding, Safety & Trust. This cognitive behavioral program is a form of Psycho-Educational therapeutic technique that emphasizes the important role of thinking, how we feel and what we do. Our thoughts cause our feelings and behaviors, not external factors like people, situations, or events. Coming to understand this fact benefits participants in that they can change the way they think – to feel and act better, despite external situations.

Using this long term educational approach teaches individuals through immediate feedback while increasing their understanding of the components



of making healthy conscious choices; learning to change, breaking the cycle of violence, learning to express themselves with daily encouragement to stop and think, 'there is another way.' Cognitive re-education assumes that a person can develop a better understanding of the thoughts behind behavioral actions. Participants can choose to change.

The VBH T.R.U.S.T. program has an educational focus on the individual's 'thinking errors' along with emphasis of their positive pro-social behaviors which are the stepping stones to learning to change as well as building skills that result in trustful actions, behaviors, routines, and habits. Living environments are structured yet flexible, with multiple group facilitated meetings to infuse daily schedules with meaningful activities and to foster the individuals' served working as a team.

For more information on the VBH T.R.U.S.T. program, contact the VBH Director for your region (listed on the newsletter cover).

LOCATIONS AND REFERRALS

Northern Ohio | 2069 Midway Drive | Twinsburg, OH 44087 | Phone: 330.963.2733

Central Ohio | 525 Metro Place North, Suite 300 | Dublin, OH 43017 | Phone: 614.889.5837

Southern Ohio | 300 W. National Road | Vandalia, OH 45377 | Phone: 937.280.2000



Openings Within ViaQuest Behavioral Health Programs

Number of openings for placement	Location by County	Program Type	Gender/Age Specific	Special Population
1	Hamilton County	ODJFS Group Home	Male/15+	Male Offender
3	Lake County	ODJFS Group Home	(2) Male/15+ (1) Female/15+	Male Offender Female MH Dually Diagnosed
10	Franklin County	ODJFS Group Home	(9) Male 15+ (1) Female 15+	Male/Female Aggression