

## Outpatient Services

The treatment methodologies that are often used for individual and group therapy include Cognitive Behavioral Treatment, and Systems Theory. In addition we offer EMDR (Eye Movement Desensitization and Reprocessing) as a tool to address an individual's trauma history. Groups that we presently offer include anger management, sex offending, and a group for individuals who have been sexually victimized. We have the capacity to develop additional groups as needs become clearer through the assessment process. ViaQuest's treatment services are supervised by our Clinical Director, Jeffrey Sloat MSW, LISW-S. Our Medical Director, John Johnson MD, coordinates psychopharmacology services.

## Treatment Outcomes

Outcomes are continually measured and actively used in the treatment planning of individuals. The Ohio Scales provides a valid outcome measurement tool that allows ViaQuest to measure and analyze target behaviors. In addition, we measure and analyze daily living skill completion, incident reports, and in some cases Thinking Error processing.

For more  
information or to  
make a referral

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Behavioral Health

**DUAL  
DIAGNOSIS**



# ViaQuest

# DUAL

# DIAGNOSIS

## Services



VIAQUEST provides unique and individualized services to adults and youth diagnosed with mental health needs as well as a developmental disability. Knowing that each individual is unique, ViaQuest serves and treats the whole person. Their treatment needs may involve past trauma, offending history, anxiety, depression, problems related to body image, anger, or other concerns that detract from their quality of life. Having a developmental disability does not exclude someone from suffering with a mental health disorder.

ViaQuest is accredited by CARF (Commission on Accreditation of Rehabilitation Facilities) to provide outpatient treatment. In addition, ViaQuest is certified by the Ohio Department of Developmental Disabilities as an Individual Options Waiver provider. The Ohio Department of Mental Health has certified ViaQuest as

a provider of assessment, case management, and treatment services. These certifications and accreditation allow Medicaid to reimburse ViaQuest for counseling (individual and group), assessment and medication management services.

### Assessment

Assessment is the most crucial part of any service provided. A thorough review of the person's history, accompanied by a list of their strengths and individual goals, will help assure treatment is effective. Some of the specific assessments that we may complete include the Reiss Screen for Maladaptive Behavior, the ERASOR and J-SOAP II, which are sexual risk assessments, the YLS/CMI, a tool to measure delinquent behavior, and the SOQIC diagnostic assessment.

### Residential Services

For youth that require a residential provider, ViaQuest has Group Homes licensed by the Ohio Department of Job and Family Services. The Ohio Department of Developmental Disabilities certifies ViaQuest to provide Supported Living and I/O Waiver services to adults. Placement is coordinated with local Boards of Developmental Disabilities and PCSA's. The treatment we provide is specific to these unique settings. These treatment strategies include token economy (reinforcement specifically), thinking error groups, peer culture, trauma informed model of care, psycho-educational groups, and level systems. At each Individual Service Plan meeting, clinicians provide additional updates regarding issues that are becoming more understood in treatment. In addition, clinicians provide training to direct care staff in order for them to work more effectively for the individuals we serve. Medication effects are also coordinated with staff to assure that proper medication and dosage are prescribed.